

NEWS RELEASE

08/01/07

For immediate release

Advice in Action for Blind People in Cumbria

Action for Blind People's pioneering mobile Sight Loss Information Service packed with the latest aids, equipment and specialist advice for blind and partially sighted people will be visiting **Cumbria** in January, thanks to a kind of invitation from local societies for the blind and partially sighted.

The mobile Sight Loss Information Service, run by national charity Action for Blind People, will open its doors to people interested in or affected by visual impairment. Staffed by a friendly and knowledgeable team, the mobile carries the latest technology and gadgets to improve daily life. From vibrating bank note detectors to talking kitchen equipment, staff on the unit offer practical advice and support.

Robert Harris from Action for Blind People's Sight Loss Information Service said, "Everybody is welcome to come along to visit us on the mobile. Whether you are visually impaired or know somebody who may be having problems with their sight, please pay us a visit and pick up information or ask us questions. Visitors can try out a wide range of daily living aids or the latest computer and magnification technology."

The Mobile Itinerary:

Monday 29 January 2007

Carlisle Society for the Blind
Cumbria Deaf Association
Compton Street, Carlisle
Between 10am and 4pm.

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Tuesday 30 January 2007

Barrow & Districts Society for the Blind Ltd
28 Duke Street, Barrow-In-Furness
Between 10am and 4pm

Wednesday 31 January 2007

Eden Voluntary Society for the Blind & Partially Sighted
Methodist Church
Wordsworth Street, Penrith
Between 10am and 4pm

Thursday 1 February 2007

South Lakes Voluntary Service for the Blind
Stricklandgate House
Conference Centre, Kendal
Between 10am and 4pm

Friday 2 February 2007

Age Concern, Old Customs House
West Strand, Whitehaven
Between 10am and 4pm

If you are unable to visit the Sight Loss Information Service but have a query please ring Action for Blind People's National Freephone Helpline on 0800 915 4666 and they will be pleased to help.

Ends

For further information please contact Victoria Moffett, PR Officer, on 020 7635 4921 / 07739 819954, email victoria.moffett@actionforblindpeople.org.uk

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Notes for Editors

- Action for Blind People supports over 20,000 blind and partially sighted people in the UK every year.
- Action works to inspire change and create opportunities to enable blind and partially sighted people to have equal voice and equal choice and to live a full and valuable life.
- Action provides visually impaired people with opportunities through employment, housing, leisure and information and support.
- If abbreviating “Action for Blind People”, please use "Action" rather than AFBP or ABP.